VANCOUVER metro®

NEWS WORTH SHARING.

# Meet the $100-million pastry man

What makes Pascal Rigo worth so much to Starbucks? Real butter.

PAGE 8

## ANIMAL LOVERS FEAR FOR HORSES

**One of 16 emaciated horses seized by the BC SPCA in December 2014. A judge ordered the owner to give up his herd of about 100 remaining horses, which will be auctioned off Saturday in Armstrong, a town in the North Okanagan. But animal lovers are worried the horses will end up in slaughterhouses. Story, page 3.** COURTESY BC SPCA

# Region can't afford a 'No' win: Planner

**Transit.** If referendum voters reject new sales tax, infrastructure won't be able to support growing population, city council hears

There's a tremendous amount at stake for Metro Vancouver's economy and environment and the health of its residents if the "Yes" side doesn't win the transit plebiscite this spring, Vancouver's transportation director said in a presentation to city council on Tuesday.

The region's roads, bridges, buses and trains won't be able to handle the million people expected to move to the area in the next 30 years without the new 0.5 per cent sales tax to fund the mayors' $7.5-billion transit plan, Jerry Dobrovolny said at city hall.

"We know that this growth is coming … and we know that it can't be accommodated in our existing transportation network," Dobrovolny said, speculating a "No" vote would cause overcrowding, congestion and a "failure" of the network.

In a bid to win the "Yes" vote — and a laundry list of goodies for Vancouver, including a $2-billion Broadway subway to Arbutus, a 25 per cent increase in bus service, night buses and five new B-Line routes — the city is rallying its troops.

It's been eyeing a Broadway subway since the 1990s, and the train remains critical to the city's long-term development plans for the Jericho lands. When it opens, the underground line would carry the equivalent of about 24 lanes of traffic, Dobrovolny said.

There isn't a specific budget for the campaign, but the city will use its existing promotion channels, including social media, to publicize the vote.

EMILY JACKSON/METRO

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NEWS

Mental health

## Youth at higher risk for problem gambling: Study

A new study suggests problem gambling has decreased in British Columbia but that younger people are at higher risk of becoming addicted to gaming.

The study commissioned by the government says an estimated 34,000 fewer people experienced issues with gambling in 2014 compared to seven years earlier, but that is not the case for youth.

Finance Minister Mike de Jong says additional research into addiction from the University of Victoria has prompted the government to focus on prevention programs for younger people. THE CANADIAN PRESS

Rescue

## Three skiers taken to hospital after avalanche

Two of three Saskatchewan men have been seriously injured after being caught up in an avalanche in southeast British Columbia.

RCMP in Golden say the trio was skiing in an out-of-bounds area near Kicking Horse Mountain Resort.

Police say the men were on a backcountry run for expert skiers called Terminator 2 when they caused and were caught up in the avalanche on Tuesday afternoon.

One of the men called 911 and a safety team from the resort was able to quickly locate the three. THE CANADIAN PRESS

Grand Chief Stewart Phillip, president of the Union of B.C. Indian Chiefs, responds to the Mount Polley tailings pond breach report during a news conference in Vancouver on Tuesday. DARRYL DYCK/THE CANADIAN PRESS

# 'Serious mining reform' needed, say First Nations

**Environment.** Leaders urge province not to cherry-pick from mine report advice

First Nations leaders are urging the B.C. government to adopt each of the seven recommendations laid out in a review of the Mount Polley mine disaster.

First Nations Summit Grand Chief Ed John said the resulting "massive breach of public confidence" means the province cannot afford to cherry-pick from the conclusions of a report into a tailings dam failure in the province's Interior.

John made the comments Tuesday, the same day Imperial Metals Corp. announced conservation and fisheries' officers served search warrants on the company's headquarters and Mount Polley offices as part of an investigation into possible breaches of the Fisheries Act.

"I think when you mix water and tailings it's a recipe for disaster," John told a news conference Tuesday, commending the work of a government-ordered expert panel that blamed poor dam design for the collapse at the open-pit gold and copper mine.

The report, released last week, said building the mine's tailings site on a sloped glacial lake failed to account for drainage and erosion.

It likened the ad hoc approach to the pond's design and construction to loading a gun and pulling the trigger.

"We urge the province of British Columbia … to know and understand this is not a smorgasbord," said Grand Chief Stewart Phillip of the Union of B.C. Indian Chiefs about the seven recommendations.

He called on the B.C. government to take immediate action in implementing the panel's conclusions.

"There has to be serious mining reform, there has to be safer oversight," he said, adding the need for an overhaul of the regulatory regime.

Meantime, the company said it understands that warrants are a normal means of investigation and it has co-operated fully with the regulatory authorities.

The dam's collapse in the early hours of Aug. 4 last year sent 24 million cubic metres of wastewater gushing into nearby lakes and streams in an event Philip described as one of the worst disasters in Canadian mining history.

The failure could not have happened at a worse time, said Xat'sull Chief Bev Sellars, describing the impact on the Fraser River's migrating salmon population.

"Very few people fished in the river this year," she said. "There were a lot of empty freezers and a lot of empty smokehouses."

She described the absence of First Nations participation in the province's mining industry as a "huge gap."

"The First Nations are not involved when these decisions are made and we're going to change that." THE CANADIAN PRESS

## Rescue. Responders prep for stress of major quake

Emergency responders from the Lower Mainland were put through the ringers Tuesday during a gruelling, high-stress earthquake simulation.

Four communities participated in Operation Black Fault at the Justice Institute of British Columbia, simulating running an off-site emergency operations centre 18 hours after a magnitude 8.5-megathrust earthquake off the coast of B.C.

Utilities were down, buildings collapsed, first responders were put in peril and sinkholes swallowed up school buses as crews tried to sift through a flood of information, manage community resources, respond to aftershocks and deal with media requests.

Instead of judging the communities on their decisions, researchers were looking to see how stress affects emergency management.

"The stress is real," said Laurie Pearce, research chair at JIBC. Peace said such exercises help communities plan better for disasters and respond more efficiently to crisis.

MATT KIELTYKA/METRO

Crime

## Transit officer, ex-partner face assault charge

A transit police officer and his former partner have been charged with assault after a confrontation at a SkyTrain station in Vancouver.

Transit Police spokeswoman Anne Drennan says Const. Edgardo Diaz and then-Const. Michael Hughes were involved in an alleged altercation with a man in August 2011. THE CANADIAN PRESS

## Licences. More booze allowed at summer fests

Notoriously "No Fun" Vancouver will loosen up a little this summer.

More patrons will be allowed to consume booze in more areas at the Honda Celebration of Lights and KitsFest after the Vancouver park board approved additional licences for the festivals on Monday night.

The fireworks festival, where hundreds of thousands flock to see the lights over English Bay, will have two more cordoned off areas licensed to serve alcohol in order to boost revenue for the festival, which relies on sponsorships.

A beer garden at a festival for Stanley Park's anniversary in 2013. METRO FILE

KitsFest, a three-day beach sport event, also got approval to expand capacity of its licensed areas to 800 people from 500 last year. EMILY JACKSON/METRO

# B.C. mom aims to help grieving parents

**Pregnancy loss.** Fundraising effort underway to purchase CuddleCot for Victoria General Hospital

THANDI FLETCHER
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When Charlene Chambers lost her daughter to stillbirth four years ago, she says her biggest regret was not holding her baby while she was still warm.

The Victoria mom, who was just 20 weeks pregnant, said she was too traumatized by the loss to look at her baby. By the time she felt ready to say goodbye the next day, she said her daughter's tiny body had been chilled.

"It was so devastating," she said. "You try to warm them up. You kiss their toes and you kiss their nose."

The painful experience inspired Chambers to try to help other mothers who face the same unthinkable loss. This month, she raised $3,500 to purchase a piece of medical equipment called a CuddleCot for Victoria General Hospital.

Made by a U.K. company, a CuddleCot is a cooling pad that can be placed in any bassinet, crib, pram or bed that extends the time a baby can stay in the room with the mother.

In November, an Edmonton hospital reportedly became the first in Canada to receive a CuddleCot.

If one had been available when she lost her daughter, Chambers said she would have been able to say goodbye in a way she felt comfortable.

Chambers, who now has a healthy two-year-old son named Asher, had two miscarriages after her stillbirth. Her experience resonated with photographer Mary Jane Howland, who also suffered two miscarriages while undergoing IVF treatment.

Howland, who specializes in newborn photography, helped raised $1,200 through donating the proceeds from her photo sessions.

Howland said many people don't know about the CuddleCot because pregnancy loss is such a painful subject. With Chambers, she is hoping to raise awareness about the equipment.

"No one talks about this stuff because it's not a happy subject to talk about it," said Howland. "But being able to talk about it with women who experience it, it helps."

**Quoted**

**"Being able to talk about it with women who experience it, it helps."**

**Photographer Mary Jane Howland** on pregnancy loss

**Charlene Chambers, who is pregnant, holds her son Asher. The Victoria mom and bereavement doula is trying to raise awareness about the CuddleCot, which helps a mother who has a stillbirth to spend more time with her baby before saying goodbye.** COURTESY MARY JANE HOWLAND

# Animal lover fears rescued horses will be slaughtered

**Maple Ridge horse rescuer Amy Lizee with her horse Kal-El, which she says she saved from a slaughterhouse.** COURTESY AMY LIZEE

Days before about 100 horses are to be auctioned off in B.C.'s North Okanagan, a Maple Ridge horse rescuer is worried the animals could end up at a slaughterhouse.

In December, the BC SPCA seized 16 emaciated horses from a farm in Armstrong, said Marcie Moriarty, chief prevention and enforcement officer for the BC SPCA.

A judge ordered the owner, who is now facing animal cruelty charges, to give up the rest of his herd of about 100 horses, said Moriarty.

On Saturday, the horses are going up for sale at an Armstrong auction house.

Amy Lizee, a rescue co-ordinator at J&M Acres Horse Rescue, said she is concerned the horses will be sold to "kill buyers" and end up at a slaughterhouse, where they will be sold for meat.

"In any case of horses at auction, there is a possibility that meat or kill buyers will be in attendance of the sale," she said in an email interview. "In sales such as these, especially with a large number of horses in a rural area like Armstrong, kill buyers are likely to get a good deal on the horse they are purchasing."

Lizee, who owns two horses that she saved from a slaughterhouse, said she is "horrified" by the thought of the animals being killed.

She and other horse rescue groups are rallying together to try to raise awareness of the auction with the hope that they can find homes for all the horses.

"When there are lots of people in attendance, bids tend to go up and out of kill buyer range," she said. "But if there is not a large attendance or bids on the horses, then a kill buyer will purchase them."

THANDI FLETCHER/METRO

**Quoted**

**"In any case of horses at auction, there is a possibility that meat or kill buyers will be in attendance of the sale."** Amy Lizee, rescue co-ordinator at J&M Acres Horse Rescue

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25 YEARS OF LIFE CHANGING EXPERIENCES

Foreign Affairs Minister John Baird rises in the House of Commons on Tuesday to announce he will step down from his position. THE CANADIAN PRESS

## Politics. Baird resignation creates hole at home

One of Stephen Harper's most experienced ministers resigned his plum foreign affairs post Tuesday, leaving a void around the Conservative cabinet table at a critical juncture in both domestic and international affairs.

John Baird was a prominent voice for Canada on the world stage and a multi-faceted lieutenant for Harper; his departure leaves many wondering who can carry the ball amid upheaval abroad and an election on the horizon at home.

The only one who seemed upbeat about the state of things was Baird himself.

"Last night, I spoke to the prime minister and informed him that I was standing down from cabinet," Baird told a hushed House of Commons.

"I will miss this place very much and many of the people in it, on all sides, but the time has come for me to start a new chapter in my life."

Baird said he has no plans to run for re-election and will surrender his seat — he represents the Ottawa riding of Nepean — in the coming weeks.

Trade Minister Ed Fast will stand in for Baird at Foreign Affairs.

In a statement that was, oddly, delivered only on paper and not in person, Harper said he accepted Baird's resignation "with great regret and affection."

"John has always been willing to do a lot of the heavy lifting in my various cabinets and has assumed daunting new responsibilities with unsurpassed energy, commitment and professionalism, never losing sight of the fact that he was serving the Canadian people."

Though Baird took on Foreign Affairs with his trademark bulldog bravado, his views grew nuanced over time, leading to a softer touch on some files than the prime minister wanted, Conservative sources said.

THE CANADIAN PRESS

# RCMP arrest Awso Peshdary on terrorism-related charges

**National security.** Peshdary was previously swept up in a separate probe in August 2010

The RCMP have arrested Awso Peshdary, 25, and charged him with a number of terrorism-related offences, including conspiring with John Maguire — a former University of Ottawa student who made headlines with a video supporting ISIL — and warning of and encouraging further attacks on Canada.

Peshdary is in police custody and is expected to appear in a bail court in Ottawa on Wednesday. He faces charges of participating in, conspiring to participate in and facilitating the activity of a terrorist group.

Khadar Khalib, 23, who is believed to be overseas, is charged with leaving Canada to participate in, counselling a person to participate in and conspiring to participate or to contribute in an activity of a terrorist group.

"These charges speak to our ability to tackle a threat that is multifaceted and constantly evolving," assistant RCMP commissioner James Malizia said in a statement.

"Through collaborative efforts with our partners, we were able to disrupt an organized network associated with (ISIL). This network was involved in recruiting individuals for terrorism purposes and in sending them into Syria and Iraq for the benefit of this terrorist group."

RCMP Chief Supt. and "O" Division Criminal Operations Officer Jennifer Strachan announces during a news conference in Ottawa on Tuesday that the RCMP have laid terror charges against three people. SEAN KILPATRICK/THE CANADIAN PRESS

News of Peshdary's arrest was released at a news conference in Ottawa on Tuesday afternoon.

Despite reports that Maguire had been killed in fighting in the Middle East, RCMP say they have no information to substantiate them.

Peshdary's defence lawyer, Richard Morris, slammed the RCMP's disclosure, saying they revealed more information to the press than they did to him.

He said he received a phone call that his client had been arrested and was read four charges over the phone but given no other information about the case.

"I asked them, 'Is there anything else you can tell me?' and they said no. Twenty minutes later I get a call for a colleague saying there's going to be a press conference," Morris told Metro. "It seems to me they are more interested in spinning this to the public than guaranteeing the constitutional rights of my client."

Morris said he tried to attend the press conference but was barred from entering by the RCMP.

LUCY HAINES/METRO IN OTTAWA, WITH FILES FROM THE CANADIAN PRESS AND TORSTAR NEWS SERVICE

# Argentina. Dead man asked for president to be arrested

Investigators, examining the death of a prosecutor who accused Argentine President Cristina Fernandez of agreeing to shield the alleged masterminds of a 1994 terror bombing, said Tuesday they have found a draft document he wrote requesting her arrest.

Chief investigator Viviana Fein said the draft detention request was found in a trash bin of the apartment where Alberto Nisman's body was discovered on Jan. 18.

Argentina's President Cristina Fernandez. THE ASSOCIATED PRESS

It was not included in a complaint Nisman had filed in federal court days earlier. Nisman was found dead of a gunshot wound in his bathroom hours before he was to appear in Congress to detail his allegations that Fernandez agreed to protect those responsible for the 1994 bombing of Buenos Aires' largest Jewish community centre.

The attack, which killed 85 people, remains unsolved. Fernandez has dismissed the allegations against her.

Fein at first denied the existence of the document after Argentina's Clarin newspaper published an article about it on Sunday. Cabinet chief Jorge Capitanich ripped up the article in front of reporters on Monday.

But Clarin then published a copy of the draft, which was dated from June 2014. It said Nisman also had considered requesting arrest orders against Fernandez's foreign minister, Hector Timerman, and other officials in her government. Conspiracy theories have swirled around Nisman's death since his body was found. Authorities initially said he likely committed suicide.

THE ASSOCIATED PRESS

# UN. Court clears Croats, Serbs, of genocide in '90s

The United Nations' top court ruled Tuesday that Serbia and Croatia did not commit genocide against each other's people during the bloody 1990s wars sparked by the breakup of Yugoslavia.

The International Court of Justice said Serb forces committed widespread crimes in Croatia early in the war, but these did not amount to genocide.

The 17-judge panel then ruled that a 1995 Croat offensive to win back territory from rebel Serbs also featured serious crimes, but did not reach the level of genocide.

Croatia brought the case to the world court in 1999, asking judges to order Belgrade to pay compensation. Serbia later filed a counterclaim, alleging genocide by Croat forces during the 1995 Operation Storm military campaign where Croatian forces took back territory seized by Serbs in the Krajina region.

THE ASSOCIATED PRESS

Anwar al-Tarawneh, centre, the wife of Jordanian pilot, Lt. Muath al-Kaseasbeh, holds a poster of him with Arabic script that reads, "we are all Muath," during a protest Tuesday. An online video that bears the logo of the militant group's media service purportedly shows the pilot being killed.

RAAD ADAYLE/THE ASSOCIATED PRESS

# Two prisoners executed in Jordan after ISIL kills pilot

**Middle East.** A government spokesman said Sajida al-Rishawi and Ziad al-Karbouli had been put to death

A Jordanian government spokesman says Jordan has executed two prisoners, including a would-be female suicide bomber from al-Qaida.

The executions Wednesday came just hours after militants from the Islamic State of Iraq and the Levant (ISIL) released a video purportedly showing a captured Jordanian fighter pilot being burned alive in a cage.

Jordan had vowed a swift and lethal response.

Government spokesman Mohammed al-Momani said that two prisoners, Sajida al-Rishawi and Ziad al-Karbouli, were executed Wednesday.

Jordan's military earlier confirmed the death of Lt. Muath Al-Kaseasbeh, 26, who was captured by the extremists in December when his F-16 crashed while he was flying a mission as part of the U.S.-led air campaign against ISIL.

In the past week, the militants had not responded to demands by Jordanian authorities to deliver proof the airman was alive so a prisoner swap could be made.

**Executions**

**Al-Rishawi, 44, faced death by hanging for her role in triple Amman hotel bombings in 2005. Her suicide belt did not detonate at the time and she fled the scene, but was quickly arrested. After a televised confession, she recanted, but her appeal was turned down.**

The killing of the pilot appeared aimed at pressuring the government of Jordan — a close U.S. ally — to leave the coalition that has carried out months of airstrikes targeting ISIL positions in Syria and Iraq.

King Abdullah II broadcast a speech on Jordanian TV on Tuesday evening, confirming the pilot's death "with sorrow and anger," and urging his countrymen to unite.

"Our punishment and revenge will be as huge as the loss of the Jordanians," said the spokesman of the armed forces, Mamdouh al-Ameri.

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**Beverages**

## Coke looking to milk new category

Coke is coming out with premium milk that has more protein and less sugar. And it's betting people will pay twice as much for Fairlife as Americans turn away from soft drinks and seek out some type of functional boost from their foods and drinks, whether it's more fibre, antioxidants or protein.

Fairlife, which Coca-Cola formed in partnership with dairy co-operative Select Milk Producers in 2012, says its milk goes through a filtration process that's akin to the way skim milk is made. Sue McCloskey, who developed the system, said Fairlife milk will be marketed more broadly to women.

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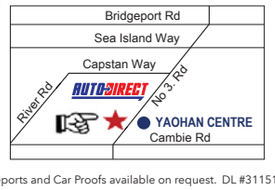


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The city at the heart of Canada's oilsands is no ghost town, but things have slowed down a bit in Fort McMurray, Alta. THE CANADIAN PRESS FILE

# Cutbacks hit contractors

**Fort McMurray.** City's shadow population who fly in and out on jobs are most affected by oilsands slowdown

Roman Skowroniski would go back home to British Columbia if he thought the job prospects there were any brighter. But, for the time being, the heavy equipment operator will keep trying to make a go of it in "Fort Mac."

Most livelihoods are in one way or another tied to the oilsands in Fort McMurray, Alta. Downtown, after work, overalls and steel-toed boots far outnumber suits and ties.

The impact of crude's sharp slide wasn't readily evident in the city in late January. Most people who live there permanently continue to have steady jobs at mines north of town or at businesses that serve that clientele.

Based on past experience, many Fort Mac denizens see the current situation as temporary. "In two years it's going to turn around big-time," said Mike Beaulieu, who works at Shell Canada, which has cut some of its oilsands staff.

But Fort McMurray and the surrounding region has a large "shadow population" — 39,271 out of a total population of 116,407, according to the 2012 municipal census. Those folks may officially reside elsewhere in Canada, but fly in and out of site to work for weeks at a time.

"I think that's the group that's probably been affected the most by any slowdown," said Nick Sanders, president of the local chamber of commerce. "From our perspective, that's a pretty good business decision for the oilsands companies to make. You don't want to start laying off the people in Fort McMurray because they've made that long-term commitment to the community." THE CANADIAN PRESS

**Jobs**

**1,000**

Suncor Energy has announced a $1 billion reduction in spending and has said it will cut 1,000 positions — mostly contractors.

## Internet. Ohio man pleads guilty to selling fake urine

An Ohio man who sold fake urine and other products meant to help people pass workplace drug tests has pleaded guilty before a federal judge in Pennsylvania.

David Neal, 61, of Middletown, Ohio, pleaded guilty to conspiracy to defraud the United States and introduction of misbranded drugs into interstate commerce. He faces up to six years in prison when he returns to Pittsburgh for sentencing May 13.

U.S. Attorney David Hickton said Neal sold illegal substances online beginning in 2006 through his company, ACS Herbal Tea. Some of the products, including Magnum Unisex Synthetic Urine and Urine Luck, were designed to thwart tests such as those used to screen airline pilots, truck drivers and train engineers, as well as FBI agents.

THE ASSOCIATED PRESS

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# French pastry chef touts 'essence of the product'

Pascal Rigo talks with Metro News about his new venture with coffee giant Starbucks. Rigo's food aims to marry quality ingredients and mass production, with authenticity as the goal.

ROSEMARY WESTWOOD
Metro in Toronto

Meet Pascal Rigo: the pastry evangelist who's coming to Canada determined to put a classic French twist on mass-produced food.

A man of gusto and expressive hand gestures, Rigo will be filling Starbucks stores in Ontario and British Columbia with his La Boulange French pastries and sandwiches, starting March 3. The rest of the country will see his croissants in cafés by July.

He wants to disprove the common theory that fast food is low in quality. He likes the words "pure" and "simple" and fawns particularly over his ingredients.

In a $100-million deal, Rigo went from serving 16,000 people at 20 San Francisco cafés to entering the lives of 45 million people a week after his company was bought by Starbucks in 2012.

"What can we do that's really, really good, and how can we share it with as many people as possible?" he said, with boundless energy in his voice and his eyebrows up to his hairline.

The solution, he said, was found in freezers.

His croissants, danishes and scones — already available in U.S. stores — are frozen the moment they come out of industrial ovens, individually wrapped and put in cartridges for transport and storage until they're sold.

"We capture the essence of the product at the end of baking and we seal it," he said.

Rigo hesitated to criticize the current Starbucks pastry lineup but he did note that, compared to his creation, the existing croissant "just doesn't smell like butter."

Starbucks has made a "substantial investment" by putting freezers in all of its cafés to store the pastries, a spokesperson said.

The pastries take 15 seconds to warm up ("and wake up the butter") — about the time it takes to make a latte — and sell for a slightly higher price than the current product line, averaging about $2.45.

Pascal Rigo DAVID VAN DYKE/METRO

As for the prospect of competing with Tim Hortons, Rigo seemed unperturbed.

"I was not sure how nice the baby will look," he quipped of the recent merger between Tim Hortons and Burger King.

The corner bakery and French grandmothers are his real competition, he said.

To pull it off, he's building a network of smaller producers — B.C. blueberries, California almonds and Oregano peppermint — eschewing another well-held notion that local is best.

"It could be local and crap," he said with characteristic French frankness.

Starbucks won't be offering all the same products in every store, either. It's selling pastrami sandwiches in New York City and goat cheese-and-zucchini croissants in San Francisco.

Not even all croissants will taste the same coast to coast, Rigo said, warning that perfection isn't the goal — authenticity is.

All that from a man also keen to push the idea that mechanization is not innately bad, even for a foodie.

"The machine is fine; it's what you feed the machine with," he said.

In a world where prepacked and processed foods reign, it's a big mission for a man who began baking as a child in the small village of Paillet, France, before moving to the U.S., building a popular café franchise and selling it to the biggest name in coffee for many millions.

"I asked for way more than that," he said, laughing. "You've got to start high."

The French bakers he learned from would no doubt agree: Rigo's artisan-for-all mission is a lofty one.

**Quoted**

**"There are good cronuts and bad cronuts. I think you can invent everything in the world, but you have to start somewhere, and for us it's the ingredients."**

**Pascal Rigo,** when asked about the value of pastry trends

## Anatomy of a pastry favourite

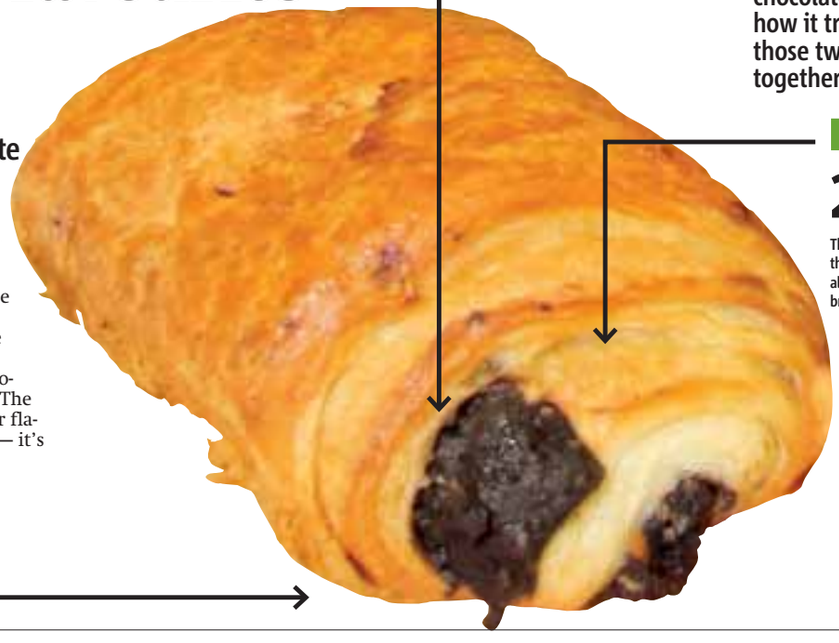
**Chocolate croissant**

### Choosing a favourite is no easy feat

Asking Pascal Rigo to choose which pastry you should try first is like asking him to "choose between my children," he said.

But when pushed, the chocolate croissant won.

"It's an amazing chocolate croissant," he said. "The crunchiness of the butter flavour, or how warm it is — it's the authenticity."



**All about chocolate**

**"When you eat it, think about the single-origin chocolate from Colombia, how it travelled and how those two things met together."** Pascal Rigo

**Layers of butter**

**24**

The croissant has the flaky structure that comes from the proper 24 layers of all-butter dough and is baked to a golden-brown colour, Rigo noted.

**Coffee or tea**

### Pair it with a drink

When it comes to pairing the chocolate croissant with a beverage, Rigo suggests Caffé Verona, Guatemala Antigua, Espresso Roast, Ethiopia or a Teavana Shaken Iced Black Tea.

DAVID VAN DYKE/METRO

**Appeal to women**

## *Menus to feature wine, beer and tapas*

Starbucks baristas: make room for bartenders — and a carbonation station for teas and juices.

An evening menu of wine, beer and tapas will be launched at the coffee chain's locations in Canada's big cities by the end of the year, Starbucks Canada president Rossann Williams told Torstar News Service.

She said the company's aim is to appeal to women, who make up 60 per cent of Starbucks' customers and don't necessarily like to hang out in bars with their friends.

With coffee sales flat, the 44-year-old java giant is pushing into different areas as it faces stiff competition from fast-food chains serving coffee along with independent coffee chains popping up everywhere.

Williams said she expects new food options from French pastry chef Pascal Rigo, in particular, to be a big driver of sales and traffic for the chain.

"Millennial customers like quality," said Williams, who said her aim is to attract the next generation. "They have to make big changes, just like Tim Hortons did six or seven years ago when it started expanding its food menu," said Robert Carter, executive director of food service at NPD Group.

He said that with fast-food restaurant growth projected to slow down to one per cent over the next five years in Canada, there is "real room for Starbucks to steal customers" from Tims especially, which has a dominant 42-per-cent market share in fast food. Starbucks is stuck in fifth place in the so-called quick service restaurant business, he noted. TORSTAR NEWS SERVICE

Rossann Williams, new president of Starbucks Canada
TORSTAR NEWS SERVICE

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Gossip

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METRO'S TAKE ON THE WORLD OF CELEBRITIES

Lindsay Lohan ALL PHOTOS: GETTY IMAGES

# Lohans sue Fox for crack about Dina doing coke with Lilo

Be careful what you say about Lindsay Lohan, because apparently the perennially troubled actress is looking to keep her lawyers busy with something other than her probation hearings.

Lohan and her mother, Dina, are suing Fox News, Sean Hannity, and Michelle Fields for comments made during a Hannity episode exactly a year ago about the mother-daughter duo doing cocaine together, according to TMZ.

Their main complaint is that while Fox issued an apology, the video clip in question — from a segment about stars who could suffer similar fates to Philip Seymour Hoffman, in which Fields states, "Lindsay's mom is doing cocaine with her" — was not removed from the web, despite a request that Fox do so.

It's tough to decide who to root for in this one.

# Boy Next Door Guzman's naked ambition on display

Sure The Boy Next Door did some respectable business at the box office, but if you're the non-J.Lo star of the film, your first concern should be keeping that fame game momentum going, right?

And Ryan Guzman knows just how to do that: Get naked.

The young actor posed nude — save for some carefully draped sheets — for Cosmopolitan U.K.'s March issue to raise awareness for Cancer Research U.K., because sure.

And just to make sure you feel weird about any dirty thoughts, he peppers the spread with some personal tragedy: "I lost my grandfather to cancer when I was 13," Guzman tells the magazine. "It's affected my life and I'll do everything I can to back cancer research." And he does apparently mean everything.

Ryan Guzman

# Robin's widow and his kids go to court over estate

Efforts to settle Robin Williams' estate are getting messy, as his wife, Susan Schneider, is suing the late comedian's three children from previous marriages for removing items from the home she and Williams shared without her permission. But Williams' kids are countersuing, claiming Schneider is "adding insult to a terrible injury," according to the Associated Press. "The Williams children are heartbroken that (Schneider), Mr. Williams' wife of less than three years, has acted against his wishes by challenging the plans so carefully made for his estate," their attorney says in the filing.

Robin Williams and his wife Susan Schneider

# New Harper Lee novel features adult Scout

**Publishing.** To Kill a Mockingbird author will release first work in more than 50 years

To Kill a Mockingbird will not be Harper Lee's only published book after all. Publisher Harper announced Tuesday that Go Set a Watchman, a novel the Pulitzer Prize-winning author completed in the 1950s and put aside, will be released July 14. Rediscovered last fall, Go Set a Watchman is essentially a sequel to To Kill a Mockingbird, although it was finished earlier. The 304-page book will be Lee's second, and the first published work in more than 50 years.

The publisher plans a first printing of two million copies.

"In the mid-1950s, I completed a novel called Go Set a Watchman," the 88-year-old Lee said in a statement issued by Harper. "It features the character known as Scout as an adult woman, and I thought it a pretty decent effort. My editor, who was taken by the flashbacks to Scout's childhood, persuaded me to write a novel (what became To Kill a Mockingbird) from the point of view of the young Scout.

"I was a first-time writer, so I did as I was told. I hadn't realized it (the original book) had survived, so was surprised and delighted when my dear friend and lawyer Tonja Carter discovered it. After much thought and hesitation, I shared it with a handful of people I trust and was pleased to hear that they considered it worthy of publication. I am humbled and amazed that this will now be published after all these years."

Financial terms were not disclosed. The deal was negotiated between Carter and the head of Harper's parent company, Michael Morrison of HarperCollins Publishers.

According to publisher Harper, Carter came upon the manuscript at a "secure location where it had been affixed to an original typescript of To Kill a Mockingbird." The new book is set in Lee's famed Maycomb, Ala., during the mid-1950s, 20 years after To Kill a Mockingbird and roughly contemporaneous with the time that Lee was writing the story. The civil rights movement was taking hold in her home state. The Supreme Court had ruled unanimously in 1954 that segregated schools were unconstitutional, and the arrest of Rosa Parks in 1955 led to the yearlong Montgomery bus boycott.

"Scout (Jean Louise Finch) has returned to Maycomb from New York to visit her father, Atticus," the publisher's announcement reads. "She is forced to grapple with issues both personal and political as she tries to understand her father's attitude toward society, and her own feelings about the place where she was born and spent her childhood." THE ASSOCIATED PRESS

**Quoted**

**"I hadn't realized the (original book) had survived, so was surprised and delighted when my dear friend and lawyer Tonja Carter discovered it."**

Author Harper Lee

Harper Lee, shown in a 2007 file photo, will release Go Set a Watchman on July 14. The book is essentially a sequel to To Kill a Mockingbird, although it was finished earlier. THE ASSOCIATED PRESS FILE

**Show development**

## OWN to adapt Queen Sugar as drama series

Oprah Winfrey and the director of the Oscar-nominated movie Selma are creating a drama series for Winfrey's TV channel. The project from Winfrey and filmmaker Ava DuVernay is inspired by the Natalie Baszile novel Queen Sugar, the OWN channel said. Winfrey will serve as executive producer and will play a recurring role.

THE ASSOCIATED PRESS

Oprah
GETTY IMAGES

# A TV couple that stays together

**Plot.** The Mindy Project doesn't take hackneyed will-they-won't-they approach to romance

LISA WEIDENFELD
Metro in Boston

The Mindy Project is attempting something bold for a sitcom: The main couple got together, and stayed together. Many shows take the Ross and Rachel route, and try will-they-won't-they couples before breaking them up (see: New Girl), but so far, Mindy and beau Danny have been working out their differences.

"Mindy's a very wild character and she has very strong opinions, but they both just kind of want to make it work," says show creator and star Mindy Kaling.

"Relationships work because people want to make it work even if they're difficult people. It also just makes them really entertaining."

The duo has faced such challenges as Danny's intensely close relationship with his mother and Mindy getting a little ahead of herself in terms of where their relationship is, but they're now facing their biggest challenge yet. Mindy accepted a fellowship on the West Coast, and they're now making it work long distance.

Asked if the show's writers intentionally decided to focus on Mindy's career now that her love life is relatively stable, Kaling jokes, "Thank you for giving us the credit to know that we've that planned out," then adds, "We just think, 'What's exciting to us?' Mindy had started taking interns under her wing, and I really liked that dynamic. I like when Mindy is bossy, but it's because she's competent, not because she's just being bossy."

Part of the fun of writing the relationship between Mindy and Danny has been letting co-star Chris Messina shine. "I feel like Chris used to be a straight man for my character in like the first four episodes. More and more, my favourite scenes are the ones where Mindy is like, 'Hey man, are you OK?' Where Mindy's the straight man," says Kaling.

"Chris is so talented. I love that in one episode he can be a complete heartthrob but then also a walking physical comedy set piece. It's awesome."

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How-to

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3. Buy the flights as soon as you are able, so that when travel time comes, they are paid off. (Can you use credit card points?)
4. Start a fund meant only for the trip, and set a weekly or monthly contribution goal.
5. Contribute all the extra funds you can: dividend, work bonus, piggy bank, $10 lottery ticket win — everything.
6. Research to find discount accommodation options (family-run B&Bs, hostels) so you can splurge elsewhere. DOUG WALLACE/METRO

New

## La Reserve Paris Hotel and Spa

Occupying a mansion previously owned by French fashion designer Pierre Cardin, La Reserve Paris is a new 26-suite, 14-room gem off the Champs-Élysées on Avenue Gabriel. Facilities include a courtyard, library, spa and French restaurant, Le Gabriel. Belle Époque luxury is alive and well, with period furniture, luxe fabrics and regal colours. Go see how the other half lives. From $1,050. Visit lareserve-paris.com.
DOUG WALLACE/METRO, PHOTO: LA RESERVE PARIS

Deal

## Reading week specials

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DOUG WALLACE/METRO

# Climbing peaks and dunes

**The Southwest.** This spring lace up your hiking shoes and head to Arizona and Texas for some challenging and scenic trails

In seven parks from Phoenix, Ariz., to near El Paso, Texas, you can wander across blindingly white sand dunes, climb on all fours over red boulders, trek to waterfalls deep inside a canyon, and play rockhound for a day. Here are some highlights not to miss this spring.

### Saguaro Forests

Two-storey-high saguaros, ocotillo bushes tipped with scarlet blooms and blossoming palo verde trees border the steeply rising switchbacks on the first two kilometres of the Hugh Norris Trail in the western district of Saguaro National Park.

At the ridge top, falcons soar as dusk settles onto one of the densest concentrations of saguaros in the Sonoran desert, many more than a century old. In the distance stands Signal Hill, where the Hohokam people carved petroglyphs hundreds of years ago.

Although Tucson bisects the park's two districts, silence on the trail is unbroken.

### Canyon swim

Deep inside Bear Canyon, seven waterfalls gurgled amid rocky walls studded with cactus. This 13-kilometre round-trip hike in Sabino Canyon Recreation Area, just north of Tucson, is a parade of Southwest wilderness bests: saguaro stands silhouetted against mountain peaks, a cottonwood-lined river gorge, and chilly rock pools, perfect for dipping battered feet.

Hikers descend a steep portion of the Camelback Mountain trail. THE ASSOCIATED PRESS

### Rocks all around

Follow I-10 east more than 160 kilometres from Tucson, across desert so wide that the mountains look like they're hanging off a round horizon, like a child's drawing of the Earth. Then head toward the border to either Rock Hound State Park, in Deming, N.M., or Chiricahua National Monument, Ariz.

The park allows visitors to collect up to 15 pounds. The nearby Red Roof Rock Shop can saw them in two — $3 for a half-hour of work — to reveal gorgeous sparkling blue agate nestled against pale violet rhyolite, a type of rock known as a thunderegg.

At Chiricahua, a "sky island" mountain range emerges from the emptiness, its dense formations of eroded volcanic ash spires millions of years old stand like turrets on a sand castle. Starting from Massai Point, 2,094 metres high above the desert, hike down to Echo Canyon Grotto, amid pines and improbably perched rocks that seem ready for a Wile E. Coyote's push.

### Snowy sand

Strolling from bright marker to marker across white dunes, the wind obliterates your footprints like you are in a blizzard. But a few tall, spiky yucca plants sprouting from the gypsum sand signalled that this was desert, part of 713 square kilometres of constantly shifting dunes at White Sands National Monument. The remote area sits in the middle of a missile range in southern New Mexico.

Endless white sand dunes stretch across the horizon at White Sands National Monument in New Mexico. THE ASSOCIATED PRESS

**If you go ...**

- **Picacho Peak State Park.** azstateparks.com/Parks/PIPE/
- **Saguaro National Park.** nps.gov/sagu
- **Bear Canyon Trail.** In Sabino Canyon, about 22 kilometres from Tucson, Ariz.
- **Rock Hound State Park.** Near Deming, New Mexico, about 160 kilometres from El Paso, Texas

### Crawling up camelback

One of the most iconic Southwest hikes is smack in the middle of metro Phoenix.

The experience of clambering up the 824-metre Camelback Mountain starts with fighting for a parking spot and ends with the rush of bagging a genuine peak. Hikers use metal handrails in spots to pull themselves up the red rocks, which resemble the face and hump of a camel.

When you aren't climbing on all fours, take in the 360-degree views of distant mountain ranges and closer golf courses and pools, framed by tall saguaros, blooming and fragrant creosote, and orange poppy buds.

THE ASSOCIATED PRESS

Bucket list

## Eat your way around Wales

Unspoiled, unhurried and underrated, Wales is one locavore taste sensation after another, one of the earliest champions of simpler food traditions. After you've toured Cardiff, jump in a rental and head to Llanerch Vineyard Cookery School, voted one of the top 10 in the U.K., where Welsh food legend Angela Gray presides over the kitchens. Then, going east to Reynoldston, stop at the Fairyhill Hotel & Restaurant, an eight-room haven that dates back to the 1720s, where the kitchen bends over backward to make the best use of regional food. And if you have time for a trip up north, a true food adventure can be found at Ynyshir Hall, a stately inn near Machynlleth in Powys. While on the road, watch for signs of all the little food fairs during the spring and summer, teeming with amazing cheese, chocolate, cider and meats. Bring stretchy pants.

DOUG WALLACE/METRO

# Break the winter blahs with a trip to Carnaval

**Quebec City.** This classic frigid fest is the perfect reason to bundle up and head outside

ON THE MOVE
Loren Christie
life@metronews.ca

For anyone looking to embrace our Canadian winter, there is no better place than Quebec City.

Quebec's Carnaval encourages everyone to bundle up and make the most of the outdoors. This past weekend I visited the city with six friends, in time for the world-famous winter festival's opening weekend. Despite -20 C temperatures, people came out to try their hand at dog sledding, snow biking and grab a photo with Bonhomme, the festival's omnipresent mascot. Most activities take place just outside the old city walls on the Plains of Abraham and are geared toward families. That didn't stop our gang of winter adventurers from taking part in tube and toboggan races. When a diversion from romping in the snow is required, there are a number of pop-up ice bars and wooden shacks ready to serve up a coffee with Amarula or a glass of Caribou, Quebec's version of hot mulled wine. The festival runs till Feb. 15 this year.

The Hotel de Glace is North America's only ice hotel. PETER REMUS

Away from the Carnaval sites, an afternoon stroll of the historic streets of Vieux Québec and La Place Royale, with its shops, restaurants and tiered, narrow streets are a must.

Reminiscent of a European village, this UNESCO-protected World Heritage area is even more charming when covered in powdery white snow and lit with twinkling lights than when canopied by summer's leafy greens.

Escaping the winter temperatures provides a guilt-free reason to add frequent stops for meals and libations, whether it be an artisanal coffee or a local craft beer.

For dinner, my travelling companions successfully used Trip Advisor as our guide; Chez Boulay and recently opened Légende are both charming restaurants with contemporary menus that pride themselves on their modern Quebec fare. The unexpected gem for us was Bati Bassak, a delicious and reasonably priced Thai and Cambodian restaurant where you could bring your own wine.

There are a number of hotels that are well positioned to make exploring the city easy. However, spending a night at the Hôtel de Glace, located 15 minutes from the downtown core, is a once-in-a-lifetime experience.

North America's only ice hotel is a 44-room hotel, complete with Chapel, Bar and Arctic Spa, made completely out of snow and ice. I am glad I paid attention to the sleeping instructions they sent; at a brisk -32 C, there was no room for error.

# Beyond the beach

Thrill-seekers travelling to the Dominican Republic have many options from which to choose. CONTRIBUTED

## Dominican Republic. A great spot for eco-tourists looking for adventure

VAWN HIMMELSBACH
For Metro

The Dominican Republic is known for its pristine beaches and average annual temperature of 25 C. And its most popular destination, Punta Cana, has been master-planned with vacationers in mind.

While Punta Cana is home to luxury all-inclusives and boutique hotels with colonial charm, there is plenty of action off the resort.

The DR has partnered with the likes of The Nature Conservancy, The Smithsonian and the United Nations to create environmental protections, and much of its coastal areas are protected as national parks and reserves — so it's a great spot for eco-tourists looking to pursue adventure while preserving sensitive ecosystems.

Each winter, some 3,000 to 5,000 whales migrate to Samaná Bay — one of the first whale sanctuaries in the world. Whale-watching tours offer a chance to see humpback whales, which can grow up to 15 metres in length, from January to March.

If it's culture you seek, head to nearby Santo Domingo, one of the most cosmopolitan cities in the Caribbean. CONTRIBUTED

On land, head to the Indigenous Eyes Ecological Preserve, a private forest reserve where you can take a dip in one of 12 freshwater lagoons the Taino Indians call "eyes," which are believed to hold medicinal properties.

A new highway is also making it easier — and much faster — to reach other destinations on the island.

"You can take advantage of visiting more than one destination when you choose to go to Punta Cana," said Cosette Garcia, director of tourism for the Dominican Republic in Canada.

"I know how Canadians love to mingle with the locals, so they have that option."

If it's culture you seek, head to nearby Santo Domingo, one of the most cosmopolitan cities in the Caribbean. This UNESCO World Heritage Site — where Christopher Columbus first set foot in 1492 — is easily walkable, with colonial architecture, cobblestone lanes and iron street lamps.

No trip to the DR is complete without sun and sand, and Punta Cana's Bavaro Beach is rated one of the world's top 10 beaches (according to UNESCO). With a coral reef that protects the beach from big waves, it's ideal for swimming and safe for kids.

### Day and night

- For thrill-seekers, Bavaro Adventure Park offers 1,100 acres of open-air adventure, from ziplining to "crazy ball zorbing" and "crazy jumper bungee trampolines." Or head to Dolphin Island Park, where you can swim with dolphins and sea lions in their natural habitat.
- Dance the night away at Imagine, a disco built into a cave. Be sure to sample the local beer, Presidente. Or try the popular Brugal rum, which is produced in the DR and uses traditional rum-making methods. But take it easy — it's strong stuff.

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# Effortless meal that defines sophistication

**Dinner.** Stuffed Turkey Rolls with Pasta Sauce take only half an hour to make but are fancy enough to serve up at your next dinner party

DINNER EXPRESS
Emily Richards
food@metronews.ca

**FLASH FOOD**

From your fridge to your table in 30 minutes or less

This recipe serves four to six. ONTARIO TURKEY

Growing up in an Italian family, I have always enjoyed scallopini.

With the great variety on the market, choosing lean turkey scallopini is an easy way to add a fancy factor to your meal routine.

I developed this recipe based on the version my Nonna made when I was growing up. It's easy to put together with big garlic and herb flavour.

Using lean turkey breast scallopini allows you to cook it quickly to enjoy right away or pack away for an awesome lunch tomorrow!

A simple Italian filling of garlic, parsley and cheese fills the turkey scallopini to add flavour to the pasta sauce and makes a homey winter meal.

The pasta sauce aroma filling the kitchen will have your family running to the table.

Be sure to have a chunk of Parmesan to sprinkle over top of the pasta before serving.

## Directions

**1.** Lay scallopini out on work surface. Sprinkle them with pepper and half of the salt.

**2.** Divide garlic, parsley and cheese between scallopini. Roll up each one and secure with a toothpick or kitchen string.

**3.** In a deep skillet, heat oil over medium-high heat. Brown turkey rolls, remove to a plate.

**4.** Return skillet to medium heat and cook shallots, oregano and hot pepper flakes for 3 minutes or until softened. Add passata, parsley, basil and remaining salt; bring to a simmer. Add turkey rolls and any accumulated juices. Cover and simmer for about 15 minutes or until turkey is tender and no longer pink inside.

**5.** Meanwhile, in pot of boiling salted water, cook pasta for about 8 minutes or until tender but firm. Drain well and return to pot.

**6.** Remove turkey rolls from sauce and pour sauce over pasta and toss to combine. Serve with rolls.

**Ingredients**

- 1 lb (500 g) turkey breast scallopini
- 1/2 tsp (2 ml) ground pepper
- 1 tsp (5 mL) salt, divided
- 8 cloves garlic, minced
- 1/2 cup (125 ml) chopped fresh parsley
- 1/3 cup (75 ml) fresh grated Parmesan cheese
- 1 tbsp (15 ml) extra virgin olive oil
- 2 shallots, finely chopped
- 1 tsp (5 ml) dried oregano leaves
- 1/4 tsp (1 ml) hot pepper flakes
- 1 jar (660 ml) tomato passata
- 2 sprigs fresh parsley
- 1 sprig fresh basil
- 1 pkg (375 g) whole wheat or gluten free penne pasta

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# A workplace wardrobe that's winning

**Career.** Nobody wants to be that person who arrives overdressed on their first day — or even worse, underdressed

LAUREN MARINIGH
TalentEgg.ca

Starting at a new job always raises a lot of questions — one of the most questions being: "What on earth do I wear?"

Most of the time, the human resources manager can let you know the dress code in advance, but it might be hard to know which outfits in your closet fall under the target category.

What is the difference between business casual and business formal? What is too casual for work? Don't worry — we have the answers to your fashion woes below.

You don't necessarily have to be decked out in a suit in order to be considered a working professional. ISTOCK

**Casual**

Step aside, Casual Fridays.

The casual dress code is getting more and more popular today. It's most prevalent in smaller companies, often with a younger demographic.

If your workplace has a casual dress code, the outfits already sitting in your closet will most likely suffice.

But while casual can mean comfort, there are still standards and restrictions for what you can and can't wear in this category. Pants or jeans without holes work well, as well as most shirts that cover the shoulders (no tank tops!).

Be sure you have a few go-to pieces: relaxed button up-shirts or blouses are great choices.

There is a lot of freedom with casual dress codes, but make sure you are aware of the rules that are still outlined and don't push it.

**Business Casual**

This dress code is probably the most confusing to understand. How exactly do you combine business and casual, and how do you make sure you're neither over- nor underdressed?

Business casual usually means that your employer wants a more laidback environment, but still want s everyone to look professional and put together.

For bottoms, khakis, corduroy, or dress pants are usually what fall into business casual.

Button-up collared shirts can be worn without a tie, and golf shirts are usually allowed in the warmer months. For sweaters, make sure they fall under a cardigan category as opposed to casual.

The best part of business casual is there are probably a lot of clothes you currently own that you can dress up to be work appropriate.

A top that you may usually wear with jeans may look at lot dressier when worn with dress pants and a nice sweater.

**Formal**

Formal is the strictest dress code, and each workplace will enforce a different set of rules regarding it.

When it comes to a formal or professional dress code, think about what you would have worn for the interview.

This is often the case for an office environment that deals heavily with clients: It's very important to maintain a professional image at all times.

Some workplaces require you to wear a full suit, where other workplaces may say that dress pants or skirts and a collared dress shirt with tie are acceptable.

A button-up collared shirt is always a safe bet.

The most important thing before your first day of work is to ask your human resources manager to describe the dress code in detail.

Some workplaces may have different guidelines for a certain dress code, so it's better to err on the side of caution.

And when in doubt, it's always safer to dress a little more formally.

As you begin to work in the new workplace, you will start to get a better sense of appropriate attire from what everyone else is wearing.

**Best bets**

1. Don't get too comfortable — steer clear of sweatpants, sweatshirts, and running shoes.
2. Avoid shirts that have inappropriate logos — small logos are fine, but make sure that any graphics on your clothing are not overwhelming.
3. Don't wear revealing clothing — low-cut tops, shorts, and mini-skirts all fall under the fashion faux-pas category.
4. Keep your shoulders covered — no tank tops or spaghetti straps. When in doubt, cover up with a sweater or jacket
5. Think about your shoes — avoid flip-flops or other open-toed shoes.

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UFC

## Silva steroid test positive, says UFC

Former UFC middleweight champion Anderson Silva has tested positive for steroid use.

Silva, the 39-year-old Brazilian widely considered the greatest mixed martial artist in MMA, tested positive for Drostanolone metabolites and another steroid in an Jan. 9 test.

Nick Diaz, his opponent at UFC 183 last Saturday, also tested positive for elevated levels of marijuana metabolites in results released Tuesday.

Silva has never publicly failed a drug test in his MMA career, but could face a nine-month suspension for a first offence.

Diaz tested positive for marijuana use twice already in his career, in 2007 and 2012. THE ASSOCIATED PRESS

NFL

## Juror dismissed in Hernandez trial

The judge overseeing the murder trial of former New England Patriots player Aaron Hernandez removed a juror Tuesday, saying there was evidence she had spoken about the case in previous years and had an early interest in being seated on the panel.

Bristol County Superior Court Judge Susan Garsh dismissed the juror after questioning her individually and closing the courtroom to hear evidence on the matter.

Later, the girlfriend of the man Hernandez is accused of killing testified that the day after he was found dead, the former NFL star tried to reassure her that the pain of losing a loved one would get better with time.

THE ASSOCIATED PRESS

The Jets' Jim Slater takes down the Canucks' Ronalds Kenins at Rogers Arena on Tuesday night. JONATHAN HAYWARD/THE CANADIAN PRESS

# Canucks complete comeback vs. Jets

**NHL.** Luca Sbisa scores the overtime winner

CAM TUCKER
cam.tucker@metronews.ca

Ronalds Kenins could have been spending the night in the doghouse.

Penalized for an unnecessary hold in the offensive zone, Kenins had to watch from the penalty box as Bryan Little put the Winnipeg Jets up by a goal on the Vancouver Canucks early in the third period of Tuesday's game at Rogers Arena.

The memory of that infraction, which loomed large, was short-lived.

Kenins, on recall from the Utica Comets of the American Hockey League, made up for his mistake, scoring with less than eight minutes remaining in regulation to get the Canucks back into a tie game at two goals apiece with the feisty Jets.

From the left wing, Kenins snapped a shot that somehow beat Winnipeg goalie Ondrej Pavelec for his second National Hockey League goal.

Luca Sbisa scored the overtime winner, as the Canucks came back for the 3-2 victory.

The Canucks are now 2-2 in this six-game homestand, which continues Thursday against the San Jose Sharks.

Blake Wheeler opened the scoring for the Jets just past the midway point of the first period. He chipped the puck past Dan Hamhuis, and beat Eddie Lack glove side on a breakaway.

That goal came on Winnipeg's second shot of the game.

Alex Burrows countered for the Canucks less than three minutes later.

Reunited with the Sedin twins, Burrows one-timed a pass from Daniel Sedin for his 11th goal of the season.

Follow Cam Tucker on Twitter @camtucker_metro

**On Tuesday**

| 3 | 2 |
|---|---|
| Canucks | Jets |

# Tedford: Play-calling not just 'blind decisions'

Malcolm Butler clinched a Super Bowl title for the Patriots with a late interception. GETTY IMAGES

In the past few days, there's been an abundance of second-guessing about Pete Carroll's decision to run a pass play — leading to an interception — over handing the ball to Marshawn Lynch in what is now the defining moment of Sunday's Super Bowl.

That one play and that one decision will forever be in our collective memory.

Hindsight is always 20/20. Given what happened — New England's rookie Malcolm Butler making a great play for the Super Bowl-clinching pick — it's easy to question and criticize Carroll's decision, especially when the NFL's best running back needed only one yard to score a touchdown for the Seattle Seahawks.

The B.C. Lions officially introduced their coaching staff, led by Jeff Tedford, for the 2015 Canadian Football League season. What occurred Sunday was still one of the topics du jour.

Meanwhile, speaking on 710 ESPN Seattle, Carroll again defended the play call.

His explanations may never be good enough for some, considering the magnitude of the situation: the Seahawks one yard away from taking back the lead in the dying seconds and repeating as champions.

Tedford said that as a coach, you can't focus on the public second-guessing, the backlash from such decisions.

"You can't. Because you have to have the confidence and knowledge to know that we do this every day. You watch lots of film, you work things over and over again," he said.

"It's an educated decision. It's not just a blind decision."

CAM TUCKER/METRO

4 SPORTS

**2015 Mazda3 Sport**

- **Type.** Five-door, FWD, compact hatchback
- **Engines.** 2.0-litre I4 (215 hp), 2.5-litre I4 (184)
- **Transmissions.** Six-speed manual, six-speed automatic
- **Price.** $17,690 base, $30,490 as tested

**Market position**

The Mazda3 is a perennial top-five seller in Canada, and Mazda's top model. It is available in three trims (GX, GS, GT), and as sedan or hatchback. It is positioned as a better-looking compact-car alternative that is also more fun to drive.
• Includes Mazda's Sky-Active technologies for better fuel efficiency.

**Points**

• New-generation Mazda3 was introduced for 2014.
• Voted Best New Compact Car Under $21,000 by the Automotive Journalists Association of Canada.
• A manual transmission can now be paired with the larger 2.5-litre engine.
• Attractive styling formed from Mazda's Kodo 'soul of motion' design language.

The swoopy design does infringe on the cargo area and rear seats.

**Notable features**

• The optional Technology package on the automatic GT includes i-ELOOP regenerative braking, Smart City brake support, auto-levelling headlights, and warning systems for lane departure, rear cross traffic and blind spots.
• The GT is also available with 18-inch alloy wheels, voice-activated navigation, and a heads-up display.

# Fun, practical and gorgeous, too

PHOTOS: MIKE GOETZ

**Review.** Curvaceous new Mazda3 hatchback is almost as much fun to drive as it is to stand back and admire

MIKE GOETZ
drive@metronews.ca

Debuting in 2014, the striking new Mazda3 is a revelation: The hatchback version, known as the Mazda3 Sport, is just as beautiful as the sedan.

The compact hatchback has long delivered a lot of versatility, space and value for its size. Now, Mazda has demonstrated it can be beautiful, too.

The new Sport also offers a great handling package; a modern interior with a full suite of gizmos; and decent get-up-and-go and fuel efficiency.

For 2015, Mazda fixed the one item that irked faithful fans about the new model, or at least those who prefer sportiness and driver involvement. It finally made the six-speed manual transmission available with the larger and more gruntful 184-hp 2.4-litre engine. Last year, manual was only available for the 2.0-litre base engine.

A six-speed manual GT ($26,995) was our test model for the week. Add in the special Soul Red Mica paint job ($300), the Luxury package ($1,500) and $1,695 for freight and delivery, and the total price was $30,490.

Now you might be saying, "I could buy a midsize sedan for that much money," and you'd be right. But maybe a premium hatchback is exactly what you're looking for.

Although you can find hatchbacks with bigger power numbers, the quality of power delivery in the GT will keep you satisfied. The excellent throttle response is such that your right foot is always happy and in control, no matter what the conditions. And the six-speed manual and clutch are both smooth and lovely to manipulate.

The front seats are well sculpted for comfort, but may be a bit low for some drivers.

The overall ride is on the firm side, and contributes to a bit of road noise coming into the cabin. But if you can live with that, the Mazda3 really rewards the driver — few mass-market compacts are this much fun to drive.

The console-mounted HMI Commander master control knob is Mazda's new way of helping you navigate everything on the display screen. Although it is intuitive, I don't think it's the ultimate solution.

But all automakers are struggling to keep their interfaces easy to use while adding all the new stuff we need to interface with.

And, unfortunately, Mazda's best high-tech features — including i-ELOOP and the safety monitoring systems — are reserved for the automatic-transmission GT model and its exclusive Technology package (four grand more than our test car).

The front seats are well sculpted for comfort, but may sit a bit low for some drivers. The back seats are comfy, too, although the rear passengers and cargo area do feel the pinch of the swoopy new exterior design.

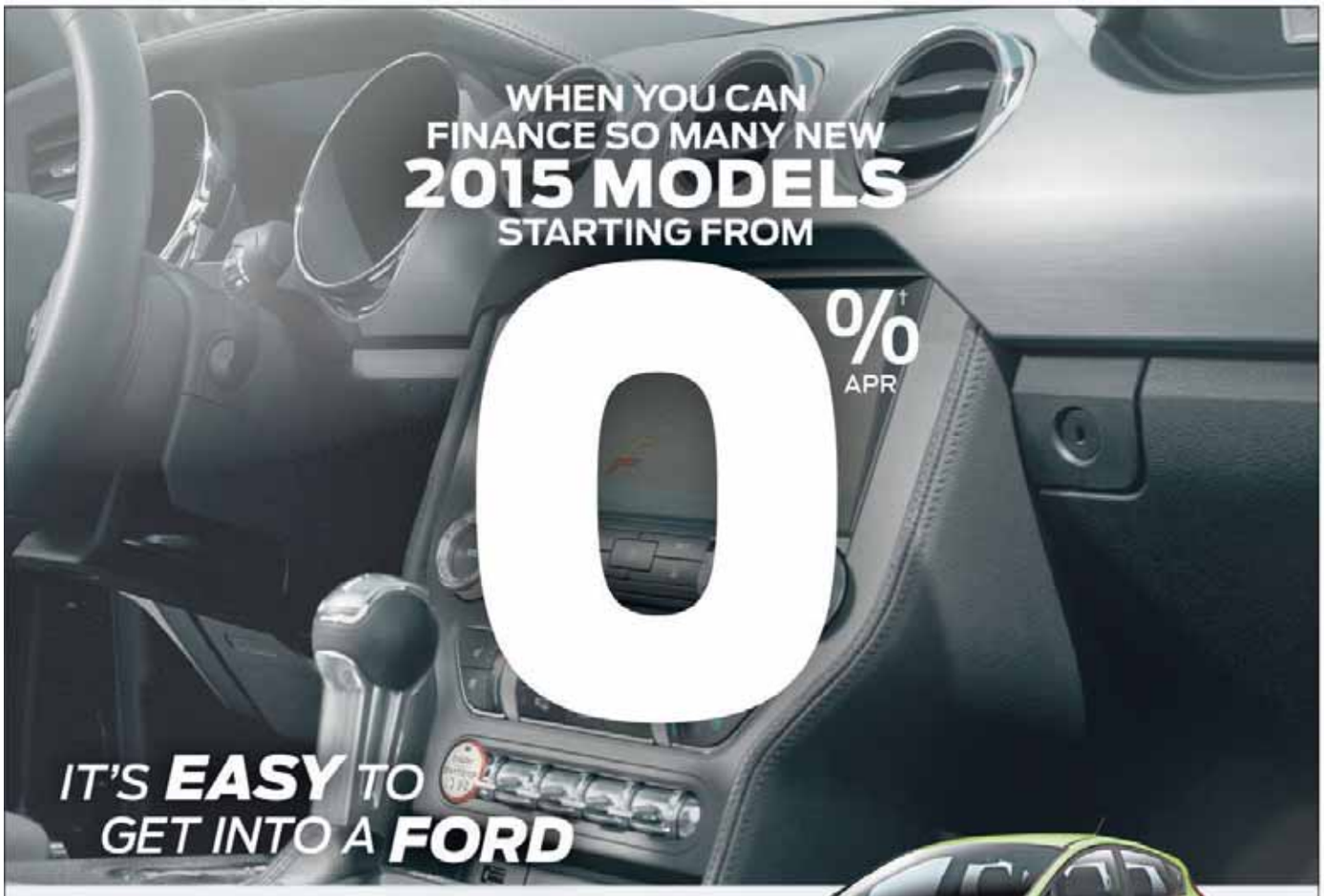
But the Mazda3 Sport GT manages to check almost every other box for adventurous drivers, and looks very good doing it.

**Compare**

**1 Ford Focus hatch**
**Base price: $21,364**
Fun to drive, cozier back seat.

**2 Subaru Impreza hatch**
**Base price: $22,490**
Good all-rounder, and with all-wheel drive.

**3 Hyundai Elantra GT**
**Base price: $20,044**
Impressive combination of style and technology.

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Jaguar is testing the idea of adding video screens to car pillars to give drivers a virtual view through them. AFP

# We may soon see through pillars and follow ghosts

Jaguar has come up with an innovative way to improve visibility, and a spooky take on how its navigation system gives directions to drivers.

One of the ironies of designing cars that are safer in accidents is that the extra reinforcements around doors and windows reduce visibility.

But what if all of the pillars were transparent, giving the driver true all-around visibility?

That's the idea behind Jaguar Land Rover's latest safety research. The automaker is experimenting with adding video screens to all pillars so driver can virtually see through them.

The system would only be activated when needed. For example, when changing lanes, the car would know to turn on the B and C pillar screens to coincide with the driver checking the blind spot.

"Our ultimate aim is to reduce road accidents and enhance the urban driving experience," said Wolfgang Epple, the company's director of research and technology. "If we can keep the driver's eyes on the road ahead and present information in a non-distracting way, we can help drivers make better decisions in the most demanding and congested driving environments."

A projected ghost car shows drivers the way to their destination.

The automaker is also developing a Ghost Car concept for its navigation system. Instead of glancing down at a map on a console display and listening to verbal directions, wouldn't it be easier to just follow the car in front? Jaguar's idea is to project a virtual car onto the road ahead that will lead the way. AFP

# Drivers Ed. Virtual-reality simulator distracts young drivers for safety

A new virtual-reality headset from Oculus Rift is being used by Toyota to teach young drivers the dangers of distracted driving.

Teens wear the headset behind the wheel of a parked car and find themselves on a three-dimensional, virtual street full of mayhem.

Using the car's steering wheel and pedals, it's up to the user to navigate safely while avoiding distractions or face the consequences.

Far from a video game, the simulator confronts users with real-life distractions, such as text messages, the radio and passengers.

It's not like going to the movies, either. The 3D video and audio make it as immersive and realistic as possible.

The simulator is free for teens to use at Toyota's TeenDrive365 displays at auto shows across the U.S. There are no plans yet to bring it to Canada. AFP

Fun game, serious message. AFP

# Innovative seat design has lofty objectives

**Driving Force.** Modular concept could make rear seats more customizable and much lighter than current designs

JIL MCINTOSH
drive@metronews.ca

Vehicle technology is constantly being improved, and it's far more than just the engines and safety features.

Even seats come under scrutiny, and a new design under development could dramatically change the way car interiors are built. Called a loft seat, it's modular construction is unlike anything being produced right now.

"We have seen modular concept designs in the past, and its day has arrived," says Peter Cansfield, principal industrial designer for automotive supplier Johnson Controls, which developed the loft seat. "This gives us the flexibility to meet what the customer wants."

Instead of being bolted to the floor, the loft seats attach to a cross-beam, allowing a variety of configurations . CONTRIBUTED

Most seats consist of a metal frame, cushions and a head restraint. These individual units are then bolted to brackets on the vehicle's floor.

In contrast, the loft seat starts with a steel cross-beam that goes from one side of the car to the other. The modular seat components are then attached to it, allowing automakers the potential for a variety of seat configurations.

The company has initially designed the loft seat concept for a luxury sedan, using premium upholstery and a thin cushioning material called Super Resilient Foam, which creates more interior space while still remaining comfortable.

The seatbacks and cushions fold to reveal hidden storage spaces for cargo.

The concept seat also includes a multi-level centre console with a high armrest for comfort, along with wireless device charging, and cupholders that telescope out of the console to hold taller mugs when needed, but can be pushed back down and out of the way when they're not required.

All cars contain steel beams, called crossmembers, that run under the floor to keep the chassis rigid, and to absorb and deflect crash energy in a collision.

The loft seat's support beam works the same way, allowing the automaker to eliminate one of the lower crossmembers. This, plus the modular seat's lighter weight when compared to a traditional seat, can potentially reduce the vehicle's overall weight, which in turn improves fuel economy.

In future, Cansfield says, the seat's support beam could be made out of strong but even lighter materials, such as aluminum or carbon fibre.

The loft seat could potentially be incorporated into cars within the next five to 10 years but, because it is a structural component, it can't be retrofitted to an existing vehicle.

"It could be any time within the next generation of vehicles," Cansfield says. "You need to be in at the start of the vehicle architecture, and they would have to design the car around this."

**Sitting pretty**

- Although the loft seat concept was designed for large sedans, it has the potential to be adapted to almost any type of vehicle.
- As with all vehicle seats, the loft seat would have to incorporate seatbelts and meet crash-test standards.
- The company has also developed FreshPer4mance, a coating technology that keeps liquids and dirt from soaking into upholstery fabric.

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# Extolling the virtues of the X Factor

From Acura's much-anticipated NSX and Tesla's much-delayed Model X to Lincoln's booming MKX crossover and Jaguar's lustworthy XE sedan, the lowly letter X has suddenly become a major player in the world of automotive nomenclature

MIKE DOJC drive@metronews.ca

## Extreme: Tesla X

SpaceX, Elon Musk's foray into the final frontier, is already the first private company to launch a spacecraft and have it return from orbit.

The company is now working on a reusable rocket, where after separating from a spacecraft, the rocket's first stage will land on a floating drone platform.

X also marks the spot for Tesla, Musk's more grounded company. The oft-delayed Model X, featuring top-hinged folding falcon wing doors for easy step-in access, is set to begin deliveries at the end of the year.

## Experimental: Acura NSX

In 1948, the sound-barrier-busting Bell X-1 was a sheer revelation.

The 2016 Acura NSX (an acronym for New Sports Experimental) has similar "leave 'em breathless" aspirations.

When Tony Stark climbed behind the wheel of the concept version of this Acura beauty in a brief scene at the end of the first Avengers movie, any memory of the Audi R8 featured in the Iron Man movies faded away.

If this twin-turbo V6 gas-electric hybrid supercar (generating more than 550 hp) is good enough for Iron Man to drive, then it's certainly good enough to sit and look pretty in your driveway.

## Exalted: Lincoln MKX

Luxury crossovers have long been infatuated with the letter X, often slipping one into a model's name for added cachet.

Consider the prescription to mid-sized SUV mundanity that is the Lexus RX, or the Cadillac Escalade's little brother, the SRX.

So you just know by the letter's presence that the Oakville-assembled Lincoln MKX has got it going on.

The 2016 model's 19-speaker Revel Ultima system with Quantum-Logic surround sound cocoons drivers in a rolling concert hall.

Another top-shelf feature is the 360-degree camera with a cross-traffic-peaking 180-degree split view — taking all the ding worry out of manoeuvring a tight space in the grocery store parking lot.

Lincoln's MKX luxury crossover has a 19-speaker surround-sound stereo.

## Exhilarating: Jaguar XE

Ravenous automotive writers licked their chops when the come-hither headlights, expressive lines, and sleek contours of the athletic aluminum- bodied Jaguar XE were exposed at the Detroit auto show.

Jaguar's first compact sedan since the soft-selling X-Type is squarely aimed at the same car buyers lustfully eyeing the BMW 3-series and the Audi A4. It rocks a 3-litre supercharged V6 that generates 340 hp and can go 0-96 km/h in 4.9 seconds. For sexier fuel economy, there will be an optional diesel version expected to deliver upwards of 5.9 L/100 km.

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## AUGMENTED REALITY

**Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.**

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→ See the full instructions on Metro's Voices page.

## Horoscopes by Sally Brompton

### ♈ Aries
**March 21 - April 20**
Some things can be explained purely by logic but what you have to deal with today will require you to use your intuition. The first explanation that pops into your head is likely to be the right one.

### ♉ Taurus
**April 21 - May 21**
You will take risks purely for the fun of it today. The good news is you will win nine times out of ten, and when you do lose it will only be a minor setback.

### ♊ Gemini
**May 22 - June 21**
You have done plenty of thinking and planning, now you must act. Don't be half-hearted about what needs to be done.

### ♋ Cancer
**June 22 - July 23**
Try things you would not normally attempt today. The results could be spectacular or spectacularly disappointing but that is a risk worth taking.

### ♌ Leo
**July 24 - Aug. 23**
The pressure will be on today but that's OK because no one handles it better than you. When the going gets tough the tough get going and one way or another you will go far over the next few days.

### ♍ Virgo
**Aug. 24 - Sept. 23**
You seem to be in two minds about what you should do. That is nothing unusual but today is different because you have to make a quick decision.

### ♎ Libra
**Sept. 24 - Oct. 23**
If you start something new today you must expect it to take up a lot more time and energy than you expected. It means you'll have less time and energy to waste on trivial things.

### ♏ Scorpio
**Oct. 24 - Nov. 22**
You may not want to do what a friend wants you to do today but if you are smart you will go along with their plans. A few days from now the roles will be reversed and you will be the one in need of support.

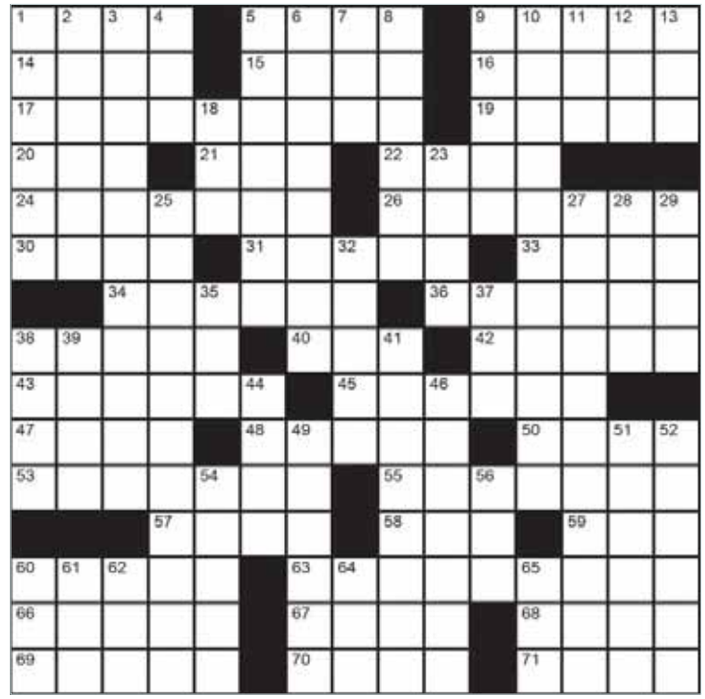
### ♐ Sagittarius
**Nov. 23 - Dec. 21**
Life is too short to worry about what other people think of you, so follow your desires come what may. You have played by the book far too often of late.

### ♑ Capricorn
**Dec. 22 - Jan. 20**
Do not allow yourself to get dragged into a dispute between friends or colleagues. Even if you get involved out of good intentions you are likely to make an enemy.

### ♒ Aquarius
**Jan. 21 - Feb. 19**
You are in a determined mood and anyone who thinks they are tough enough to take you on is making a big mistake.

### ♓ Pisces
**Feb. 20 - March 20**
The only thing you're interested in now is the truth and you will do whatever it takes to get it. Maybe that is why certain people look so worried.

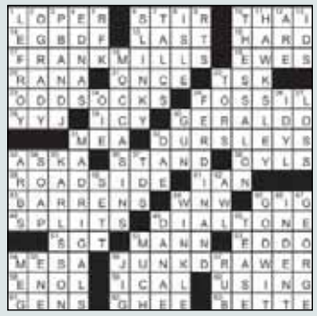
## Crossword: Canada Across and Down by Kelly Ann Buchanan



### Across
1. Puppy's fun move
5. Theatre award
9. Artificial sweetener brand
14. Miss
15. The __ Shoe Museum, in Toronto
16. Director Sidney
17. Real life Montreal lunch counter in The Apprenticeship of Duddy Kravitz
19. Main meanings
20. __ Young Band
21. Shoe width size
22. Manitoba: West-of-Winnipeg town
24. Stretches
26. Alberta town; or, British car
30. King __ (Shakespeare tragedy)
31. Uncle __ (Anton Chekhov play)
33. Non-meat-eater's org.
34. In a fine way
36. Atomic Number 16
38. Type of headscarf
40. 'Ether' suffix
42. __-A (Skincare product)
43. Complainer
45. Canadian food retailer
47. Atkins = Low-__ diet
48. "_ __ it my all."
50. Commands to attack dogs
53. Posh cues game
55. Devoured: 2 wds.
57. "Are ___ longer a couple?" (What's our status?)
58. Traveller's wee way
59. Mop & __ (Floor cleaner)
60. Sci-Fi weapon, __ ray gun
63. Religious region in the South in the USA: 2 wds.
66. Cross with: 2 wds.
67. "...friend or _ __?"
68. Rocker Mr. Michaels
69. Wheat __ (Nabisco crackers)
70. Nobleman's negatives
71. "Woodstock" gr.

### Down
1. Flourish: 2 wds.
2. One of The Dionne Quintuplets
3. The Snows of __ (Ernest Hemingway story)
4. Summer: French
5. Closely watch
6. Pies and cookies event: 2 wds.
7. 'Human' suffix
8. Slip past: 2 wds.
9. Port __, Ontario
10. Library request: 2 wds.
11. Speech-maker's stumbles
12. At the age of, in Latin [abbr.]
13. Some officers, briefly
18. Social pages word
23. Ms. Thompson's
25. Mayor of Winnipeg: 2 wds.
27. Some hockey forwards: 2 wds.
28. Lovely kit
29. Knitting supply
32. Antelope variety
35. UK honour [acronym]
37. Website
38. RCN ship designation
39. Mr. Gruffudd
41. "Turn Me Loose" Canadian band
44. Nothing: French
46. Fab Four
49. Josh of song
51. Canadian actor Sean
52. Uneven
54. Odes-creator John
56. Putter's peg
60. Intl. clock standard
61. Ooh and __
62. Gladiator's 1501
64. "... __ _ woodchuck could..."
65. Cable channel, _ _ _ Canada

## Yesterday's Crossword

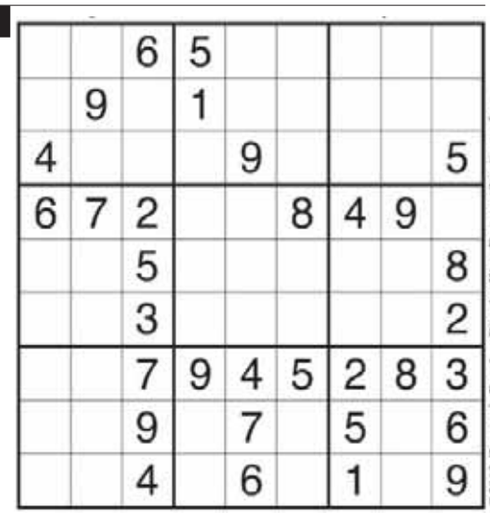


## Online

See today's answers at metronews.ca/answers

## Conceptis Sudoku by Dave Green

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



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## Yesterday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 5 | 6 | 1 | 8 | 2 | 3 | 7 | 4 |
| 8 | 4 | 1 | 7 | 3 | 5 | 2 | 6 | 9 |
| 3 | 7 | 2 | 6 | 4 | 9 | 8 | 5 | 1 |
| 1 | 8 | 3 | 2 | 7 | 4 | 5 | 9 | 6 |
| 4 | 2 | 5 | 9 | 6 | 1 | 7 | 8 | 3 |
| 7 | 6 | 9 | 3 | 5 | 8 | 4 | 1 | 2 |
| 2 | 9 | 4 | 8 | 1 | 7 | 6 | 3 | 5 |
| 5 | 3 | 7 | 4 | 9 | 6 | 1 | 2 | 8 |
| 6 | 1 | 8 | 5 | 2 | 3 | 9 | 4 | 7 |

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